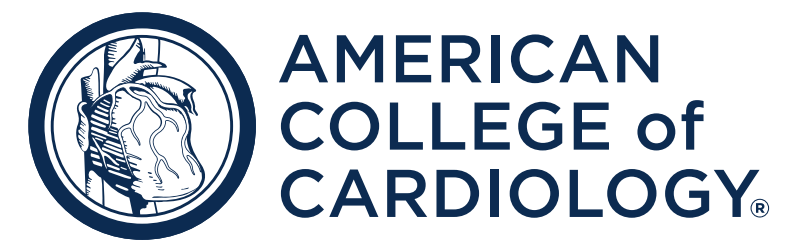
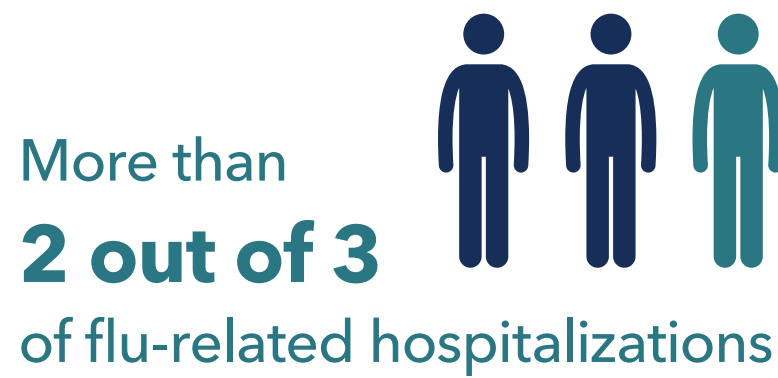
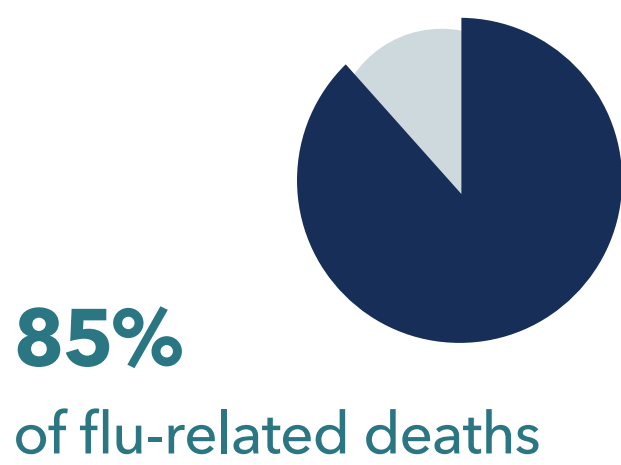


# PATIENTS 65+ GET ADDED PROTECTION WITH STRONGER FLU VACCINES



**Give your older patients with cardiovascular disease the best chance of avoiding severe illness and complications this flu season.**

People 65 and older account for the majority of influenza (flu)-related hospitalizations and deaths:




Influenza infection is linked to a  
**6-fold elevated risk**  
of myocardial infarction  
**3-fold higher risk**  
of stroke



**Not all flu vaccines are the same for people 65 and older. Higher-dose vaccines are better.**

They:

- **Are more effective** than the standard-dose flu shot 
  - Offer **↑** ~25% better protection
- Prompt a greater immune response **with similar safety**

**At older ages:**

- The immune system isn't as robust
- CVD makes patients even more vulnerable to serious influenza-related outcomes



**? Which flu vaccines are best?**

One of these three:

**High-dose flu vaccine**

**Recombinant flu vaccine**

**Adjuvanted flu vaccine**

**Contain 3-4x the amount of antigen compared with the regular vaccine**

**Contains an added ingredient to boost an immune response**

 **Remember, any flu vaccine is better than none** if one of these vaccines isn't available.

Visit [CardioSmart.org/Vaccines](https://www.cardiosmart.org/Vaccines) for handouts to help your patients get the vaccines they need.

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