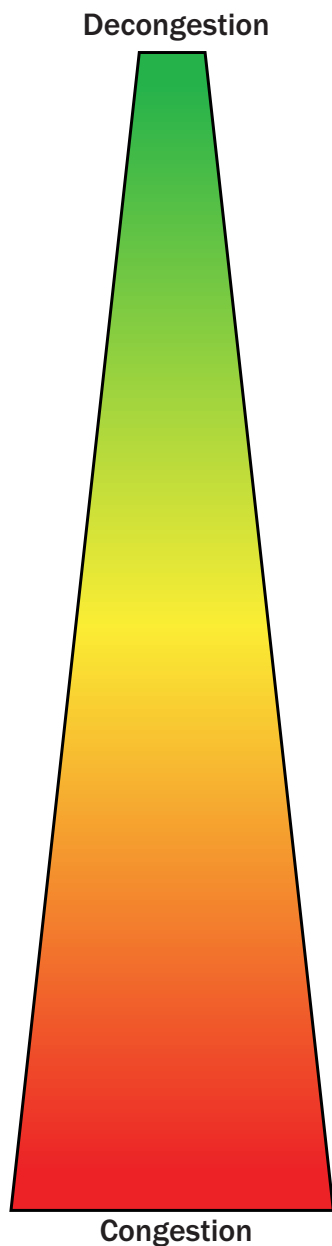


Figure 5

Inpatient trajectories are primarily defined by the pace and extent of decongestion. Use the figure below for evaluation of the success of de-congestion for a patient.

Progress Toward De-congestion



Freedom from clinical congestion

No peripheral edema

No rales

No dyspnea on minimal exertion

No hepatomegaly or congestive GI symptoms

No orthopnea or bendopnea

Jugular venous pressure $\leq 6-8$ mm Hg

No hepatojugular reflex

Common reasons for Residual Congestion

Low cardiac output state

Dominant right heart failure

Advanced renal disease

Symptomatic hypotension

Limitations to patient engagement in self-care

Lack of improvement in signs/symptoms of HF

Lack of decrease in natriuretic peptide levels

Lack of decrease in weight

GI = Gastrointestinal; HF = heart failure

