

APPENDIX 4. ADVANCE CARE PLANNING

Clarifying and articulating patients' values

- "What are the things that give your life meaning?"
 - "Given your current situation, what do you hope for? What are you most worried about?"
 - "Some patients say that if they became so sick that they could not do certain things (like recognize or talk to their loved ones), they would want all possible treatments to prolong their life. Other patients say they would rather have care focused on comfort, rather than life-prolongation. How would you say this applies to you?"
 - "What health situation would you find so unacceptable that you would consider it worse than death?"
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Choosing a surrogate

- "If you were to become so sick that you could no longer make decisions for yourself, who would you trust to make medical decisions for you? Who would make the same healthcare choices for you that you would make for yourself? Who knows your wishes the best?"
 - "Does this person know that you have chosen him/her for this role?"
 - "Have you had a discussion with this person about the values that guide your healthcare decisions and/or situations in which you would not want certain treatments?"
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